



Bullying

hurts everyone

What is bullying?

Bullying is unwanted, aggressive behavior among children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Both children who are bullied and who bully others may have serious, lasting problems as a result.

What can a parent do?

First and foremost, talk to your child about bullying. Make sure they understand what it is and how to stand up to it safely. Encourage them to tell an adult if they are bullied or if they see someone else being bullied. Check in with your children often. Listen to their concerns and learn about their friends and experiences at school. If they use social media or other forms of electronic communication, devise a way to monitor it in order to guard against cyberbullying, a form of bullying that uses technology to threaten or harm a child.

Demonstrate respect and tolerance of others.

Children are most likely to do what they see their parents do. Don't joke about anyone's physical appearance, financial situation or sexual orientation. Be polite to everyone. Go out of your way to make sure your child sees you interacting with others in a safe and respectful way.

For more information about bullying, talk to staff at your child's school or visit www.stopbullying.gov

For more parenting tips, visit the FCCS website at www.franklincountyohio.gov/children_services

Contact Franklin County Children Services

24-Hour Child Abuse Hotline: (614) 229-7000

Adoption: (614) 341-6060

Volunteers and Mentors: (614) 275-2690

For Speakers or to request literature: (614) 275-2523



These parenting tips are courtesy of Franklin County Children Services, where we advocate for each child's safety, permanency and well-being.

Protecting Children by Strengthening Families